OFFICIAL

Community Safety Flash

BE WATER AWARE

Drowning prevention and water safety

Don't be tempted to cool off in Rivers, Canals, Lakes or Reservoirs as swimming in open water can result in drowning

If you see someone in the water

- **Call 999 and ask for fire and ambulance. Ask for the Coastguard if by the sea.**

- **Location – give as much information on your location, look for landmarks, signs or bridges or use WHAT THREE WORDS service to find your location.**

- **https://what3words.com/news/emergency/three-words-for-a-faster-emergency-response**

- **Stay on the telephone to the emergency services.**

- **Tell the person in the water to float on their back, extend arms & legs & to move hands and feet to stay afloat.**

- **Use lifesaving equipment such as lifebuoy or throw line if close by.**

- **NEVER ENTER THE WATER TO SAVE SOMEONE ELSE or an ANIMAL**

https://youtu.be/wqGVS2UuxiY

https://www.youtube.com/watch?v=fIGMdnD0cSs

www.staffordshirefire.gov.uk

Staffordshire
Fire and Rescue Service
preventing • protecting • responding

Community Safety Flash

During the school holidays, and in particular in hot weather, increasing numbers of children are drowning. On average, there are 50 of these tragedies each year in the U.K.
Keep reading to see our top tips on how to stay safe around open water.

Water is often far deeper than people think. Only swim where there is supervision or a lifeguard. Water that looks calm on the surface may have a fast current underneath.

It's very cold and can quickly cause cramp and breathing difficulties. Cold water shock can paralyse your ability to move and kill within a minute

There may be hidden dangers

The depth of water can be deceptive and may contain hidden rubbish and debris such as shopping trolleys or broken glass which can cause injuries and drowning.

Waters could be polluted

Sometimes it can be polluted and make you ill. There is a serious risk of waterborne diseases

Think!
Stay safe and keep out of open water