



INGESTRE HALL RESIDENTIAL ARTS CENTRE

15 – 17 January 2025

AGENDA

A group of people, including children and adults, are sitting in a circle on a wooden floor in a grand, ornate hall. They are facing a group of five people who are standing and presenting. The hall has high ceilings with decorative patterns and a large chandelier hanging from the ceiling. The walls are made of dark wood with arched windows and doorways.

Ingestre Hall

Activities and learning

Sleeping & Eating & Medication

Timetable

Kit List

Q & A

INGESTRE HALL



Ingestre Hall is home to the UK's only dedicated residential arts centre. We specialise in residential stays and creative learning adventures for children and young people from Y3 to university and have been welcoming young people to the centre for over 60 years.

Location

A 400-year-old Jacobean mansion creating a dramatic backdrop for creative & expressive arts.

Outside

27 acres of landscaped gardens. Plenty of safe space to play and explore.

Inside

Professionally equipped studios, including recording studio, live performance space and art suites.



WHY GO TO INGESTRE HALL?

Develop independence
& critical thinking skills

Try **new** things
and stick at them

Boost cohesion and
sense of belonging

Professionally
equipped studios

All inclusive –
no hidden extras

School & centre staff
work as one team to
provide the best
experience.

A warm welcome awaits
– the centre soon
becomes a home away
from home.

IF YOU TRY TO SUPPRESS
THE ARTS, THEN YOU'RE
SUPPRESSING THE
DEEPEST DREAMS
AND ASPIRATIONS
OF A PEOPLE

- BARACK OBAMA, 25 MAY 2016



INGESTRE HALL





ACTIVITIES

The activities at Ingestre are all creative and expressive arts. There's no skill level or experience needed to take part because the activities are all about creating an **original** performance or piece of artwork, and the children use skills and techniques that **aren't always available in school.**

Your child has chosen one of these artforms to explore techniques and create something wonderful:

- **Drama**
- **Art**
- **Dance**
- **Music**

Within each group there will be a mix of children from across the 3 schools.



Creativity takes courage.....
.... but it's a huge amount of fun!

LEARNING

An overnight stay achieves different outcomes from a day of activities. In many cases, the **biggest challenge** for young people is not the activities that take place; it's being away from home - often for the first time - and sharing experiences with people that they don't always know very well.

To help this, the children are welcomed off the bus by the staff team that **stay with them** from start to finish so that relationships have time to develop. They are learning professionals that have fantastic technical skill and qualifications, but it's their **soft skills** that set them apart. They can help every young person to achieve more than they ever expected.



We have chosen the theme of the week to be:

RESPECT

Tailored Programmes

Every visit is unique. The centre work with school to shape an exciting, fun, and valuable visit to Ingestre.

Activity Group sizes are 15 children to 1 Ingestre tutor supported by school staff.

THE EVIDENCE

“LEARNING AWAY” – BRILLIANT RESIDENTIALS

Learning Away conducted independent research over 5 years. Their findings show how a residential experience can:

- Improve students’ engagement with learning
- Support students’ achievement
- Improve resilience, self-confidence & wellbeing
- Smooth transition



BEDROOMS



There are 90 single beds in comfortable dormitories. All Bedding is provided.

Rooms sleep between 4 and 11 pupils

We will stay in gender & school groups. Children be involved in who they will share a room with. 😊

Showers and toilet facilities are either en-suite or nearby on the same corridor.

Teacher rooms are on the same corridor and there is 24-hour on-site support from centre staff.

FOOD GLORIOUS FOOD



Each evening the children come together in our dining room for a home-cooked meal.

All dietary requirements are catered for.

Fruit is freely available.



	Wednesday	Thursday	Friday
Breakfast	-----	Cereals Toast with accompaniments	
Lunch	Children bring own packed lunch in throw away packaging	Tomato Pasta Bake	Wraps with a choice of filling
		Salad Bar freely available	
Dinner	Roast Chicken With Potatoes & Vegetables	Pasta Bolognese with Garlic Bread Salad Bar	-----
	Dessert: Flapjack, Chocolate Chip Cookies, Sponge Pudding		

FOOD GLORIOUS FOOD

**SNACK
TIME**

During the day there are periods of time where the children may be able to have a snack 😊

Fruit is freely available.



Children must have a refillable water bottle – Clearly labelled with their full name.

YOU provide the snack that your child will eat during their stay.

Please ensure it nut free.

The snack must be in a resealable bag and labelled with your child's full name.

Children will hand in their snack to the teachers on the morning of the visit.

Medication



Children will not be allowed to attend the visit without a completed medical form.

Forms will be sent out after Christmas and must be returned to Mrs Read by Monday 13th January.



- 1: Complete the medical form with all medicine taken regularly and medicine that is taken as a reaction.
- 2: Label all medicine itself, put in a resealable bag which is also labelled, and hand in to the teacher on the morning of the trip.
- 3: During the trip the medicine will kept in a staff only area and administered as directed on the medical form.
- 4: Self-administered medication, that is used 'on the go', such as inhalers or emergency medication such as epi-pens, will remain with the child during all activities.
- 5: All staff members will be made aware of medical conditions.

All medication must be clearly labelled with your child's Full Name.

What does the week look like?

	Wednesday	Thursday	Friday
Morning	11:00: Arrival 11:30: Dormitories and Tour 12:20: Break 12:30: Lunch	08.30: Breakfast 09:30: Workshop 10.30: Break 11:00: Workshop 12.20: Break 12:30: Lunch	08.30: Breakfast (strip beds, luggage downstairs) 09:30: Workshop 10.30: Break 11:00: Sharing of Work 12.20: Break 12:30: Lunch
Afternoon	14:00: Workshop 15:00: Break 15:30: Workshop 17:00: Break	13:30: Workshop 15:00: Break 15:30: Workshop 16:30: Break	13:30: Farewell and Departure
Evening	17.15: Dinner 18:30: Evening Activities including a Night Walk & Film Showing	17.15: Dinner 18:30: Evening Activities Including a Disco	



Children are allowed to bring non-electronic activities for the breaktimes.

For example; Top Trump cards, reading, writing & sketchbooks, Travel games with no small pieces.



Souvenirs

There is a selection of branded souvenirs the children can buy to remember their trip.

Children can bring up to £5 in coins in an envelope – clearly labelled with full name

This will be given to staff the morning of the trip.

An idea of what can be bought:

Between £1 - £2

Pens · keyrings · rubbers · rulers · lanyard · compass · snap band · soft ball

Over £3

Tote Bag · Drinks bottle · Cuddly bear · Torch

This list is not exhaustive, and items will vary.

What to bring:

This list can be found on the parent information leaflet

Toiletries (toothbrush, toothpaste, shower gel, Deodorant - NOT aerosol spray)

Towel(s)

Nightwear

Warm Coat

Indoor shoes/Trainers

Slippers

Loose comfy clothing that can be layered.

Art – Overall or old shirt to cover clothing

Dance – Dance appropriate clothing



OUTDOOR SHOES
(WELLIES OR
WALKING BOOTS)



HAT, SCARF, GLOVES



REFILLABLE WATER
BOTTLE



PLASTIC BAG FOR
DIRTY CLOTHING



TORCH



OPTIONAL; £5 IN
COINS

**NO MOBILE PHONES/SMART WATCHES
NO INTERNET DEVICES
NO ELECTRONIC DEVICES**

Wednesday
15 January
2025

1

Arrive at school in non-uniform at normal time. With your bag that you can carry!

2

Say goodbyes as normal, with extra love, and come into school via the office.

3

Children head straight to the hall

4

Give in snack, medication and souvenir money to the teachers

5

Coach will arrive at around 10am.

6

Off we go.....

Days of Trip (Parents/Carers)



1	School will email using E-Schools to confirm arrival.
2	Internet allowing, I will update the school website with a few photographs during the stay so, please look at the website. (Those with permission only)
3	I will add you a brief update on the school website.
4	We will load photographs to the website (those with permission only)
5	You communicate with school as usual

Friday 17 January 2025



1

Leave the Ingestre Hall at approximately 1:30pm

2

An E-schools message will tell you that we have left and an estimated arrival at school time.

3

Arrive at school after 2:00pm

4

Collect children and siblings.
Enjoy the weekend.

Questions?

