

Outdoor Education Egg Free Menu

Breakfast	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Bacon with Hash Brown & Beans	Sausage with Hash Brown & Spaghetti Hoops	Bacon with Hash Brown & Beans	Sausage with Hash Brown & Spaghetti Hoops
	ALSO AVAILABLE: Fresh Fruit, Yoghurt, Cereals, Toast, & Crumpets with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice			

Lunch: Cheese, Ham, Tuna (no mayo) Sandwich, Crisps, Fresh Fruit, Shortbread/Flapjack & Cold Drink

Dinner	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Classic Beef Burger or Veggie Burger with Potato Wedges	Pork or Veggie Sausages with Mash & Gravy	Margherita Pizza with Fries & Beans	Chicken or Veggie Korma with Pilau Rice
	Chicken Nuggets with Potato Wedges	Mac & Cheese with BBQ Chicken or BBQ Veg Topper	Spaghetti & Meatballs in Tomato Sauce with Garlic Bread	Fish Fingers with Chips
	Veg of the Day			
	Chocolate Mousse	Jelly or Mousse	Ice Cream	Chocolate Shortbread & Custard

Supper
Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.

Jacket Potatoes or Classic Tomato Pasta

Outdoor Education Gluten Free Menu

Breakfast	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Bacon & Egg with Hash Brown & Beans	Sausage with Hash Brown & Beans	Bacon & Egg with Hash Brown & Beans	Sausage with Hash Brown & Beans
	ALSO AVAILABLE: Fresh Fruit, Yoghurt, GF Cereals, GF Toast with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice			

Lunch: Choice of GF Sandwich, Crisps, Fresh Fruit, GF Shortbread & Cold Drink

Dinner	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Classic Beef Burger in GF Bun with Potato Wedges	Pork or Veggie Sausages with Mash & Gravy		Chicken or Veggie Korma with Pilau Rice
			GF Pasta & Meatballs in Tomato Sauce	
	Veg of the Day			
	Chocolate Mousse	Jelly or Mousse	Ice Cream	Jelly or Mousse

Supper
Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.

Jacket Potatoes or Classic Tomato GF Pasta

Outdoor Education Milk Free Menu

Breakfast	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Bacon & Fried Egg with Hash Brown & Beans	Sausage with Hash Brown & Spaghetti Hoops	Bacon & Fried Egg with Hash Brown & Beans	Sausage with Hash Brown & Spaghetti Hoops
	ALSO AVAILABLE: Fresh Fruit, Cereals, Toast with Spread, Marmalade & Jam. Tea, Oat Milk & Fruit Juice			

Lunch: Ham, Tuna Mayo or Vegan Cheese Sandwich, Crisps, Fresh Fruit, Shortbread/Flapjack & Cold Drink

Dinner	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Classic Beef Burger or Veggie Burger with Potato Wedges	Pork or Veggie Sausages with Mash, Yorkie & Gravy	Jacket Potato or Classic Tomato Pasta	Chicken or Veggie Korma with Pilau Rice
	Chicken Nuggets with Potato Wedges		Spaghetti & Meatballs in Tomato Sauce	Fish Fingers with Chips
	Veg of the Day			
	Jelly	Iced Sponge	Jelly	Chocolate Shortbread

Supper
Hot drink and biscuits

A salad bar, fresh fruit, jelly will be available daily.

Jacket Potatoes or Classic Tomato Pasta

Outdoor Education Vegan Menu

Breakfast	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Veggie Sausage with Hash Brown & Beans	Veggie Sausage with Potato Waffle & Spaghetti Hoops	Veggie Sausage with Hash Brown & Beans	Veggie Sausage with Potato Waffle & Spaghetti Hoops
	ALSO AVAILABLE: Fresh Fruit, Cereals, Toast, with Spread, Marmalade & Jam. Tea, Oat Milk & Fruit Juice			

Lunch: Vegan Cheese Sandwich, Crisps, Fresh Fruit, Shortbread/Flapjack & Cold Drink

Dinner	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Veggie Burger with Potato Wedges	Veggie Sausages with Mash & Gravy	Jacket Potato or Classic Tomato Pasta	Veggie Korma with Pilau Rice
	Veg of the Day			
	Jelly	Jelly	Jelly	Chocolate Shortbread

Jacket Potatoes or Classic Tomato Pasta

Supper
Hot drink and biscuits

A salad bar, fresh fruit, jelly will be available daily.