

# Volleyball



## WHAT IS THE AIM OF THE GAME?

The aim of the game is to ground the ball in the opponents' court.



## KEY VOCABULARY

Volley	Playing the ball directly over to the opposition without a pass to a team mate
Set	Playing the ball with the same technique as the volley, except it goes to a team mate.
Dig	Playing the ball below hip height, and aiming to play it up into the air.
Underarm serve	Serving the ball underarm into court.
3 Touch rally	Playing the ball 3 times on your side before playing the ball over the net.
Tactics/Outwitting an opponent	The plan that is used to gain an advantage over an opponent.

